



Rescue Dynamics

5109 – 17A Avenue NW, Edmonton, Alberta, Canada T6L 1K5
(780) 461-5040 email: resquedynamicsinfo@telus.net
website: www.RescueDynamics.ca

This letter will serve to introduce you to the Basic Rock Climbing Courses you expressed interest in. We have several Basic Rock Climbing courses this year. The dates for the remaining courses are July 7, 8, 2007 or August 11, 12, 2007. We are no longer taking applications for the June 2, 3, 2007 course.

The cost of each course is \$235.00 per person including GST. In order for you to be confirmed on the course you must prepay the course fee, complete the personal information form, then read, understand and sign the waiver. The waiver must be witnessed by someone other than a family member. (Cheques may be made payable to Rescue Dynamics.) If you have not paid, your spot is NOT booked.

See our website for complete cancellation policies and procedures. Medical cancellation coverage is available for an additional \$11.75. Should less than three persons sign up for the course, we reserve the right to cancel the course. We also reserve the right to cancel the course in the event of severe weather. Should this happen, your course fees will be refunded.

The course introduces you to skills required to safely begin rock climbing with an experienced partner or group. The course content includes movement on rock, knots, ropework, belaying, rappelling and safety topics. The instruction takes place in several locations. The course will be held on limestone cliffs and slabs in the Front Ranges in Jasper National Park (midway between Hinton and Jasper). The second day often includes a multi-pitch climb, weather permitting.

We will provide instruction and all the technical climbing equipment including hardware, ropes, helmets and harnesses. (If you own your own gear, feel free to bring it if you wish.) We DO NOT provide climbing boots, rock shoes, day pack or clothing. Renting or borrowing rock shoes is a reasonable thing to consider for this course. Also have lightweight hiking boots to travel to the sites.

Be sure your clothing can handle the changes in mountain environment, including heat, cold, wind, rain (or snow?), sun and insects. We are outside all day on both days, and the course will proceed in all but the most severe weather. The enclosed equipment list may help you to prepare for the course. You are responsible for your own meals, accommodation and transportation for the entire course. Be sure to prepare a bag lunch and bring water or other drinks for each day of the course, as we do not return to the vehicles for lunch.

The meeting time and place for the course is 8:30 am on the first morning of each respective course at the Morro Slabs parking lot. This is located along Highway 16 east of Jasper where the highway crosses the Athabasca River. Look for one of three vehicles; white cargo van - CYM 044; black Toyota Forerunner - VE6 MTN; brown camper van - WJK 864. In case of emergency, you can try contacting us by cell phone on the first morning of the course at (780) 916-7951. Cell service is sporadic here. Try more than once.

You must have a valid Park Vehicle Group Pass or Personal Pass to attend this course, as we are traveling in National Park areas. Be sure to purchase one when you first enter the Park if you do not already have one. If you have any further questions, please call or email us.

Sincerely

Cyril Shokoples EMT, IFMGA
Chief Instructor / Mountain Guide

General Course Overview

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Notice: Course content subject to revision or modification without notice

Basic Rock

DAY 1

- Introductions and waivers
- Equipment distribution
- Introduction to rope care and basic knots
- Introduction to basic equipment and harnesses
- Care of equipment
- Fundamentals of rope handling and belaying technique
- Climbing safety
- Introduction to bouldering
- Fundamentals of movement on rock
- Simple anchor building
- Belaying from above
- Removing protection pieces
- Top - roped climbing (from above)
- Introduction to rappelling and mechanical descenders (rappel devices)
- Introduction to prusiking
- Coiling and storing ropes

DAY 2

- Multi-pitch rock climbing
- Introduction to routefinding
- Practice belaying from above
- Removing protection pieces
- Simple Anchor building and rappel set-up
- Top-roping set-up
- Top - roped climbing (from below)
- Belaying from below
- Refinement of basic rock climbing skills
- Refinement of belaying technique
- Refinement of rappelling technique
- Grading climbs & guidebooks